



# Monique Farmer

Author | Speaker | Strategic Comms  
Leader | CEO of Avant Solutions |  
WOSB/WBENC | 10KSB Alumni

[LINKTREE](#)

## SPOKEN IN THE PAST

- **INSPIRE Awards Emcee:** Omaha World-Herald's INSPIRE Awards, celebrating outstanding women leaders.
- **BLU Talks:** Amplify Your Message – Spoke on personal branding and effective communication.
- **GROW Nebraska:** The Power of Storytelling – Webinar on storytelling's impact on business growth.
- **Speaking With Purpose Webinar:** Panel on communicators' responsibilities in addressing socio-political issues and the importance of purposeful messaging.
- **Scaling Your Influence:** Personal Branding for Entrepreneurs – Strategies for entrepreneurs to enhance their brand and influence.

## FEATURED PODCASTS & MEDIA APPEARANCES



### Podcasts and Interviews

- **Episode 56:** A Creative Approach to Strategic Communications
- Brand Champions with Monique Farmer of Avant Solutions – Daily News Network
- LIVE with The Famous Dr AL and Monique Farmer
- Monique Farmer is Today's Influencer
- Amplify Your Message with Monique Farmer – bLUTalks Podcast
- Delegation and Make Yourself Available as a Mentor | Monique Farmer
- Confrontation and the Road to Getting Unstuck – Monique Farmer
- **Episode 315:** Navigating from Tension to Tranquility with Monique Farmer
- **E132: UNSTUCK:** Charting the Course to Navigate Life's Challenges and the Superpower of Communication

## Links To Monique's Book:

- [Amazon – Chart Your Path](#)
- [Audible – Chart Your Path](#)



### Articles, Features and Webinars:

- <https://www.prsa.org/author/monique-farmer-apr>
- Enhancing Public Health Communication: Tools for Engagement & Visibility
- Anticipating the Crucial First Hour of a Crisis
- Changemaker Monique Farmer, Avant Solutions
- Career Coffee: Charting Your Own Course
- Interview with a Pro: Tips on Measuring Strategic Communications
- Race in the PR Classroom: Confronting Bias in the Classroom
- S&T Live Recap: Tapping Into Your Childhood Creativity to Find Your Muse Today – PRsay
- CREATE AN INTENTIONAL ENVIRONMENT TO GROW YOUR TEAM | The Business Spotlight
- Chart Your Path with Monique Farmer
- Interview an Author: Monique Farmer, Author of "Chart Your Path: A 9-Step Method to Getting Unstuck"



### Panel & Event Participation

- Nebraska Furniture Mart Women's Panel 2023
- Speaking With Purpose Webinar
- GROW Nebraska Webinar